

Instructions for Completing Food Allergy/Disability Substitution Request Form

Students participating in the National School Lunch Program who are new to Eagle Mountain-Saginaw Independent School District (ISD) or newly

- have an allergy to watermelon. The note pops-up at the point-of-sale in the cafeteria and alerts the staff that the student cannot have watermelon.
- For medical disabilities requiring menu substitutions that cannot be fulfilled using the regular cycle menu, a student may need special dietary modifications and a specialized menu created for the student. The www.emsisd.com is the Child Nutrition Department page or on the Health Services page. A form can also be requested from the school nurse or the Registered Dietitian.
 - The Food Allergy/Disability Substitution Request Form must be completed by the parent/guardian and by a licensed physician or medical authority. The completed form should then be faxed to the district or emailed to our Child Nutrition Registered Dietitian, Darlene Lopez, at dlopezmonge@ems-isd.net.
 - Please allow at least 2 weeks processing time once the completed forms are returned. This is to ensure that our Registered Dietitian is able to review all food labels a v]vPœ] vš •š š u vš • (}œ Ç}µœ • individual needs. If your child has specific nutritional needs, please provide him or her with a nutritious breakfast and lunch until the arrangements for the special diet request have been made.
 - Please submit forms by **August 1st** in order to ensure your child is able to be provided with a modified menu on the first day of school. This gives our dietitian a 2-week time frame to create a menu for your child.
 - If your child had dietary modifications during the previous school year, the Registered Dietitian will contact you in June or July to ensure our staff is aware of any changes that might be required.
 - For students with dietary modifications during the previous school year, modifications will resume and be available at the beginning of the new school year unless the Child Nutrition Department receives a physician or parent signed statement discontinuing the modifications.

Menu Modifications for Children with Disabilities

USDA regulations 7 CFR Part 15b require substitutions or modifications in school meals for children whose

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x the major life activity affected by the disability
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Definition of Disability:Under Section 504 of the Rehabilitation Act of 1973 and the Americans with impairment that substantially limits one or more major life activities, has a record of such an impairment regarded as having such an impairment.



Food Allergy/ Disability Menu Substitution Request

This form must be filled out completely BEFORE any dietary modifications can be made.

New Dietary Request

Change/modify an Existing Special Diet Request

Discontinue Modified Diet

To be filled out by Parent/Guardian

Name: _____		Date of Birth: _____
Address: _____	City: _____	State: _____
Permission for Eagle Mountain School District to provide special diets to students with food allergies or disabilities must be granted by the parent/guardian of the child. For dietary modifications to be made, the diagnosis must be categorized as a disability affecting a major life activity.		
Parent/Guardian Signature: _____		Date: _____

To be filled out by Medical Authority

Diagnosis or other special dietary condition which restricts diet: _____		
Does the child have a disability? Definition of Disability: Under Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act (ADA), a physical or mental impairment that substantially limits one or more major life activities, a record of such an impairment or is regarded as having such an impairment. Examples of disabilities include: cerebral palsy, epilepsy, muscular dystrophy, multiple sclerosis, cancer, heart disease, metabolic diseases, such as diabetes or PKU, anaphylaxis (severe food allergy), mental retardation, emotional illness, drug addiction and alcoholism, specific learning disabilities, HIV disease and tuberculosis. Manual tasks, walking, seeing, hearing, speaking, breathing, learning, and walking. When nutrition services are required under this act, the child nutrition staff are involved early on in the decisions regarding special meals.	Yes	No

Revised 7.11.2024

For Child Nutrition office use only:	Date received at CN office _____
NOTIFICATION: Parent _____ Nurse _____	CN Manager _____